
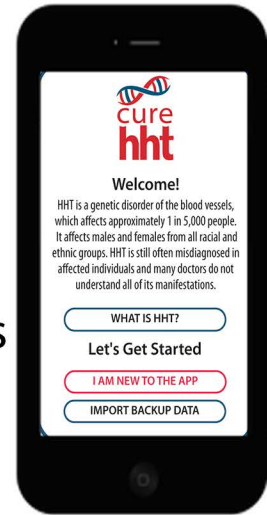


My HHT Tracker

Installation & Setup

- 1 Download **My HHT Tracker** for free from the Apple App Store 
- 2 Open **My HHT Tracker**. Click Allow Notifications
- 3 Select "I am New to the App"
- 4 When you reach setup, first fill out the "Profile" tab. Be sure to enter your email address, as this will allow you to backup and share your data. You can change the settings of your Profile at any time. Click "Next".
- 5 On the "Team" tab, enter the names and contact information for your healthcare providers. To add additional contacts to your Team, tap the + in the top right corner. Click "Next".
- 6 On the "Interview" tab, you will answer standard questions about your HHT & the app will generate an email with general feedback and recommendations about your HHT based on your responses. Hit send. ***The "Interview" only occurs when you're setting up the app and cannot be revisited later.***
- 7 On the "Notifications" tab, set up reminders to enter nosebleed data, appointment reminders, reminders to schedule medical tests, and reminders to backup your data. See the back of this sheet for more information on backing up your data.
- 8 Click "Done". An email will be generated with general information about your HHT based on your "Interview" responses. Hit Send.



For more information and tutorial videos, visit
curehht.org/hht-app/ or email appsupport@curehht.org