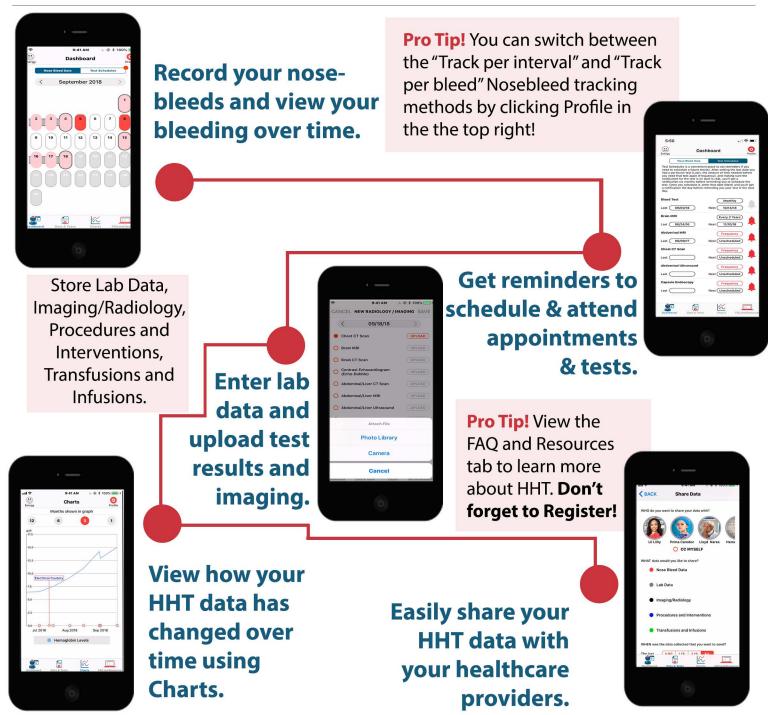
My HHT Tracker

Features of the iOS app





Backup your data!

To protect your privacy, the data entered on **My HHT Tracker** does not auto-backup when you backup your Apple device.

To ensure you don't lose your data, make sure to:

- 1. Regularly backup your data by emailing yourself the backup file containing your **My HHT Tracker** data. To backup, click Profile in the upper right, then Backup.
- Setup a Backup Reminder in the Notifications section of Setup!