Everything You Want to Know about HHT—in a Book!

Living with HHT: Understanding and Managing Your Hereditary Hemorrhagic Telangiectasia

- The first comprehensive book on HHT!
- Paperback + Kindle Formats
- 200 pages of information on diagnosis, screening and treatment of HHT, personal stories, illustrations, a glossary, and contact information for Cure HHT Centers of Excellence.
- Addresses the effects of HHT on emotions, quality of life, and relationships, with tips on how to live life as fully as possible.
- As an HHT patient, board member, and clinical psychologist Sara is an expert in the subject and specialized in helping patients and their families cope with chronic health conditions. Sara has worked in private practice, hospital, and academic settings.
- Sara donates all book royalties to Cure HHT. For information about the book and Sara, visit https://tinyurl.com/curehhtbook.
- When you log into Amazon Smile and select Cure HHT as your charity, Cure HHT will receive additional proceeds from the sale of the book.

“A must-read for patients and health care professionals seeking information about HHT, an uncommon disease diagnosis.”

– Marianne Clancy
Executive Director, Cure HHT

Sara Palmer, Ph.D.