

# HHT Hereditary Hemorrhagic Telangiectasia (HHT)

## Genetic Counseling

Your doctor may refer you to a genetic counselor to discuss your risk for HHT and your genetic testing options. A genetic counselor is a health care professional with a master's degree in human genetics or genetic counseling. The role of a genetic counselor is to help you better understand your genetic risks and the tests available to you. The training they receive enables genetic counselors to discuss technical genetic information in practical, useful terms.

### What happens during a HHT genetic counseling session?

The genetic counselor will lead you through a discussion to evaluate your medical history for relevant information, review your family history and construct a family tree. The genetic counselor will use this information in order to:

- Evaluate your risk to carry the genes that cause HHT
- Discuss the genetic testing options that may be appropriate for you
- Explain the potential results of testing and what those results may mean in the context of your family history
- Provide an overview of screening and medical management options, as appropriate

The decision to accept or decline any recommended genetic testing is up to you.

### How do I schedule an appointment with an Integrated Genetics' Genetic Counselor?

If your physician refers you for genetic counseling for HHT you can access the online scheduling system at <http://impactgenetics.com/genetic-counseling/> or by calling 855-GC-CALLS or 855-422-2557 to obtain additional information and to schedule an appointment.

