

# Global HHT Awareness Day

## June 23, 2018



### Who Should Use this Toolkit?

HHT patients, families, friends, healthcare professionals, support groups (both national and international) and other organizations that align with the mission and values of Cure HHT.

### Raising HHT Awareness

Awareness is the first step to increase the diagnosis rate for the 1 in 5,000 people who are unknowing living with HHT. On this **Global HHT Awareness Day**, we invite you to join us by stepping up and stepping out and take great strides in making HHT more visible and known to the public.

When you wear your **red shoelaces** on **Global HHT Awareness Day**, you are joining a movement dedicated to curing this disease while advancing new treatments for families today and helping HHT families across the world who battle HHT every day.

**Make a donation at [www.curehht.org/takesteps](http://www.curehht.org/takesteps) and get your **red shoelaces**!**

### Top Three Tips to Spread HHT Awareness on June 23rd

- Wear your **red shoelaces** in a pair of shoes, snap a photo or film a quick video, then share on social media using the hashtag **#TakeStepsToCureHHT**.
- Include a **special message** about who, why or what you are taking steps for this year. Download the sign at <https://curehht.org/resource/took-steps-sign/> and share your message on social media using the hashtag **#TakeStepsToCureHHT**.
- Share where you are stepping out with your **red shoelaces** for it to appear on our map for **Global HHT Awareness Day**.

*Thank you* for Taking Steps to Cure HHT

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