



Denver/Aurora, Colorado | March 29, 2025

HHT FAMILY DAY

All times reported in Mountain Daylight Time (MDT)

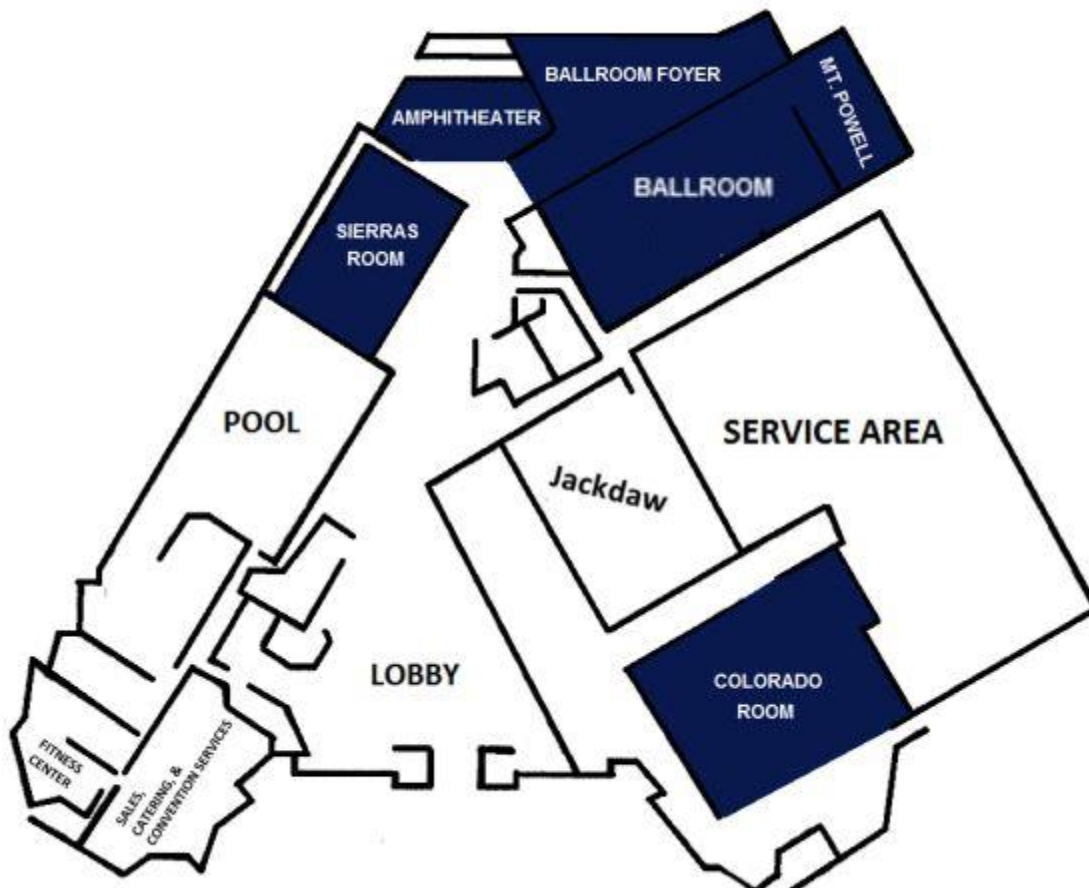
Saturday, March 29th, 2025 – Patient Education Day

7:30am – 8:30am	Registration and Breakfast	<i>Ballroom Foyer</i>
8:30am – 8:45am	Welcome from Cure HHT	Marianne Clancy, MPA <i>Ballroom</i>
8:45am – 9:45am	HHT Overview & Screening Guidelines A review of key terms and definitions followed by an overview of manifestations, with a highlight on pulmonary hypertension (PH), pregnancy, liver, and cardiac.	Dr. Murali Chakinala <i>Ballroom</i>
9:45am – 10:30pm	Managing Nosebleeds in HHT Learn the medical terminology used by ENTs and the benefits of using the Epistaxis Severity Score (ESS) to evaluate nosebleeds and the effectiveness of treatments. Discover traditional interventions as well as cutting-edge surgeries and drug treatment options now available.	Dr. Peter Hountras <i>Ballroom</i>

10:30am – 10:45am	Break	<i>Ballroom Foyer</i>
10:45am – 11:30am	<p>HHT in Kids</p> <p>Gain insight about the different screening and treatment protocols for children, how to manage lung and brain AVMs and other special considerations regarding children such as anesthesia, radiation and exercise.</p>	<p>Dr. Andy White</p> <p><i>Ballroom</i></p>
11:30am – 12:30pm	<p>Lung & Brain AVMs</p> <p>What is an AVM and how does it affect your body? Arteriovenous malformations (AVMs) are one of the most important manifestations of HHT. This session discusses the screening guidelines, symptoms, and therapeutic approaches to AVMs in the lungs and brain.</p>	<p>Dr. Jon Lindquist & Dr. Josh Seinfeld</p> <p><i>Ballroom</i></p>
12:30pm – 1:15pm	Lunch	<i>Colorado Room</i>
1:15pm – 1:30pm	Group Photo	<i>Hotel Lobby</i>
1:30pm – 2:30pm	<p>Anemia and Iron Deficiency</p> <p>Anemia is commonly experienced by those affected by HHT and frequently results from bleeding of the nose and/or gastrointestinal tract. This session discusses the most effective ways to manage anemia in HHT patients.</p>	<p>Dr. Sally Stabler</p> <p><i>Ballroom</i></p>
2:30pm – 3:30pm	<p>Engaging the HHT Community: Patient Support, Empowerment, & Advocacy</p> <p>Learn more about the various ways to get involved with the HHT community including advocacy, education, research, clinical trials, and volunteering.</p>	<p>Marianne Clancy, MPA Cassi Friday, PhD Melissa Dickey, NP Riley Blevins, MBA</p> <p><i>Ballroom</i></p>

3:30pm – 3:45pm	Break	<i>Ballroom Foyer</i>
3:45pm – 4:30pm	Updates in Research & Therapeutics HHT research has accelerated to never-before-seen levels. Learn how this important work is translating into therapies that extend life and reverse disease. Learn about current clinical trials and new treatment options.	Dr. Peter Hountras & Cassi Friday, PhD <i>Ballroom</i>
4:30pm – 4:45pm	Closing Remarks	Marianne Clancy, MPA <i>Ballroom</i>

Although the information contained in the HHT Academy sessions have been developed by specialists knowledgeable in the management of care and treatment of HHT patients, Cure HHT makes no guarantee as to, and assumes no responsibility for, the correctness or completeness of such information. You must consult with your personal physician or contact an HHT Center of Excellence for any HHT-related medical concerns.



**HHT research activities (Biobank collections and study interviews) will take place in the Mt. Powell Room.*



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7:30am – 8:30am	Registration	<i>Ballroom Foyer</i>
8:30am – 9:00am	Introductions / Icebreakers	<i>Sierras Room</i>
9:00am – 10:00am	The ABC's of HHT	Dr. Andy White <i>Sierras Room</i>
10:00am – 10:30am	Break	<i>Sierras Room</i>
10:30am – 11:30am	Interactive Learning: Education Stations	Lynne Sekarski, RN Melissa Dickey, NP David Mealing <i>Sierras Room</i>
11:30am – 12:30pm	Let's Talk About HHT Sharing Your HHT Story Managing Nosebleeds Eating Healthy with HHT	Lynne Sekarski, RN Melissa Dickey, NP <i>Sierras Room</i>
12:30pm – 1:15pm	Lunch	<i>Jackdaw Restaurant</i>

1:15pm – 1:30pm	Group Photo	<i>Hotel Lobby</i>
1:30pm – 4:45pm	Field Trip to the Denver Museum of Nature & Science	<i>2001 Colorado Blvd, Denver, CO 80205</i>

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