



Denver/Aurora, Colorado | March 28-29, 2025

# HHT FAMILY DAY

All times reported in Mountain Standard Time (MST)

## Saturday, March 29<sup>th</sup>, 2025 – Patient Education Day

7:30am – 8:30am	Registration	<i>Ballroom Foyer</i>
8:30am – 8:45am	Welcome from Cure HHT	<b>Marianne Clancy, MPA</b> <i>Amphitheater</i>
8:45am – 9:45am	<b>HHT Overview &amp; Screening Guidelines</b>  A review of key terms and definitions followed by an overview of manifestations, with a highlight on pulmonary hypertension (PH), pregnancy, liver, and cardiac.	<b>Dr. Murali Chakinala</b> <i>Amphitheater</i>
9:45am – 10:30pm	<b>Managing Nosebleeds in HHT</b>  Learn the medical terminology used by ENTs and the benefits of using the Epistaxis Severity Score (ESS) to evaluate nosebleeds and the effectiveness of treatments. Discover traditional interventions as well as cutting-edge surgeries and drug treatment options now available.	<b>Dr. Bryan Park</b> <i>Amphitheater</i>

<b>10:30am – 10:45am</b>	Break	<i>Ballroom Foyer</i>
<b>10:45am – 11:30am</b>	<p><b>HHT in Kids</b></p> <p>Gain insight about the different screening and treatment protocols for children, how to manage lung and brain AVMs and other special considerations regarding children such as anesthesia, radiation and exercise.</p>	<p><b>Dr. Andy White</b></p> <p><i>Amphitheater</i></p>
<b>11:30am – 12:30pm</b>	<p><b>Lung &amp; Brain AVMs</b></p> <p>What is an AVM and how does it affect your body? Arteriovenous malformations (AVMs) are one of the most important manifestations of HHT. This session discusses the screening guidelines, symptoms, and therapeutic approaches to AVMs in the lungs and brain.</p>	<p><b>Dr. Jon Lindquist</b></p> <p><i>Amphitheater</i></p>
<b>12:30pm – 1:15pm</b>	Lunch	<i>Ballroom</i>
<b>1:15pm – 1:30pm</b>	Group Photo	<i>Hotel Lobby</i>
<b>1:30pm – 2:30pm</b>	<p><b>Anemia and Iron Deficiency</b></p> <p>Anemia is commonly experienced by those affected by HHT and frequently results from bleeding of the nose and/or gastrointestinal tract. This session discusses the most effective ways to manage anemia in HHT patients.</p>	<p><b>Dr. Sally Stabler</b></p> <p><i>Amphitheater</i></p>
<b>2:30pm – 3:30pm</b>	<p><b>Engaging the HHT Community: Patient Support, Empowerment, &amp; Advocacy</b></p> <p>Learn more about the various ways to get involved with the HHT community including advocacy, education, research, clinical trials, and volunteering.</p>	<p><b>Marianne Clancy, MPA</b>  <b>Cassi Friday, PhD</b>  <b>Melissa Dickey, NP</b>  <b>Riley Blevins, MBA</b></p> <p><i>Amphitheater</i></p>

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<b>3:30pm – 3:45pm</b>	Break	<i>Foyer</i>
<b>3:45pm – 4:30pm</b>	<b>Updates in Research &amp; Therapeutics</b> HHT research has accelerated to never-before-seen levels. Learn how this important work is translating into therapies that extend life and reverse disease. Learn about current clinical trials and new treatment options.	<b>Dr. Peter Hountras &amp; Cassi Friday, PhD</b> <i>Amphitheater</i>
<b>4:30pm – 4:45pm</b>	Closing Remarks	<b>Marianne Clancy, MPA</b> <i>Amphitheater</i>

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*Although the information contained in the HHT Academy sessions have been developed by specialists knowledgeable in the management of care and treatment of HHT patients, Cure HHT makes no guarantee as to, and assumes no responsibility for, the correctness or completeness of such information. You must consult with your personal physician or contact an HHT Center of Excellence for any HHT-related medical concerns.*

## Saturday, March 29<sup>th</sup>, 2025 – HHT Kids Day

7:30am – 8:30am	Registration	Ballroom Foyer
8:30am – 9:00am	<b>Introductions / Icebreakers</b>	Sierras
9:00am – 10:00am	<b>The ABC's of HHT</b>	<b>Dr. Andy White</b> Sierras
10:00am – 10:30am	Break	Sierras
10:30am – 11:30am	<b>Interactive Learning: Education Stations</b>	<b>Lynne Sekarski, RN</b> <b>Melissa Dickey, NP</b> <b>David Mealing</b> Sierras
11:30am – 12:30pm	<b>Let's Talk About HHT</b> Sharing Your HHT Story Managing Nosebleeds Eating Healthy with HHT	<b>Lynne Sekarski, RN</b> <b>Melissa Dickey, NP</b> Sierras
12:30pm – 1:15pm	Lunch	Ballroom
1:15pm – 1:30pm	Group Photo	Hotel Lobby
1:30pm – 4:45pm	<b>Field Trip to the Denver Museum of Nature &amp; Science</b>	2001 Colorado Blvd, Denver, CO 80205

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