



Denver/Aurora, Colorado | March 28, 2025

## CONTINUING EDUCATION

All times reported in Mountain Daylight Time (MDT)

### Friday, March 28<sup>th</sup>, 2025 – Healthcare Provider Education Day

<b>7:00am – 8:00am</b>	Registration and Breakfast	<i>Ballroom Foyer</i>
<b>8:00am – 8:15am</b>	Welcome from Cure HHT	<b>Marianne Clancy, MPA</b> <i>Amphitheater</i>
<b>8:15am – 9:00am</b>	<b>Overview of HHT</b>  An introduction to Hereditary Hemorrhagic Telangiectasia (HHT), discussing the latest screening guidelines and diagnostic criteria to effectively identify and manage the disease.	<b>Dr. Peter Hountras</b>  <i>Amphitheater</i>
<b>9:00am – 9:45am</b>	<b>Tangled Web of HHT (AVMs)</b>  The complexities of arteriovenous malformations (AVMs) in HHT will be explored, focusing on the management of pulmonary AVMs and their clinical implications.	<b>Dr. Jon Lindquist</b>  <i>Amphitheater</i>
<b>9:45am – 10:00am</b>	Break	<i>Ballroom Foyer</i>

<b>10:00am – 11:00am</b>	<p><b>Medical Management of Nosebleeds</b></p> <p>This session will review the various intervention options for managing HHT-related epistaxis, including both traditional and innovative therapies that can improve quality of life for patients.</p>	<p><b>Dr. Bryan Park</b> <i>Amphitheater</i></p>
<b>11:00am – 12:00pm</b>	<p><b>Managing Bleeding &amp; Anemia</b></p> <p>Strategies for addressing chronic bleeding and anemia that often accompany HHT will be examined, including iron supplementation and other therapeutic options to manage these prevalent issues.</p>	<p><b>Dr. Sally Stabler</b> <i>Amphitheater</i></p>
<b>12:00pm – 12:45pm</b>	Lunch	<i>Colorado Room</i>
<b>12:45pm – 1:45pm</b>	<p><b>HHT and Therapeutics</b></p> <p>An overview of therapeutic options for treating HHT, including topical and systemic therapies.</p>	<p><b>Dr. Kevin Whitehead</b> <i>Amphitheater</i></p>
<b>1:45pm – 2:30pm</b>	<p><b>Pulmonary Hypertension in HHT</b></p> <p>An overview of effective diagnostic and treatment strategies that address the intersection of pulmonary hypertension and HHT.</p>	<p><b>Dr. Murali Chakinala</b> <i>Amphitheater</i></p>
<b>2:30pm – 3:15pm</b>	<p><b>HHT in Pregnancy</b></p> <p>This session will review key considerations for managing pregnancy in patients with HHT.</p>	<p><b>Dr. Jake Hirshberg</b> <i>Amphitheater</i></p>
<b>3:15pm – 3:30pm</b>	Break	<i>Ballroom Foyer</i>

<b>3:30pm – 4:30pm</b>	<b>HHT in Children</b> This session will address the presentation, management, and treatment of HHT in children.	<b>Dr. Andy White</b> <i>Amphitheater</i>
<b>4:30pm – 5:00pm</b>	<b>Updates on HHT Research*</b> The latest updates on research in HHT, including discussions on recent findings, the potential impact on treatment protocols, and future directions in research.	<b>Dr. Peter Hountras &amp; Cassi Friday, PhD</b> <i>Amphitheater</i>
<b>5:00pm – 5:15pm</b>	Closing Remarks	<b>Marianne Clancy, MPA</b> <i>Amphitheater</i>
<b>5:15pm - 5:30pm</b>	Group Photograph	<i>Hotel Lobby</i>
<b>5:30pm – 6:30pm</b>	Cocktail Reception	<i>Colorado Room</i>

\*Indicates a non-CME accredited session

**Credit Provided By:**

Washington University School of Medicine in St. Louis, Continuing Medical Education

**Accreditation:**



In support of improving patient care, this activity has been planned and implemented by Washington University School of Medicine in St. Louis and Cure HHT. Washington University School of Medicine in St. Louis is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Credit Awarded for this Activity**

**American Medical Association (AMA)**

Washington University School of Medicine in St. Louis designates this live activity for a maximum of **7 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**American Nurses Credentialing Center (ANCC)**

Washington University School of Medicine in St. Louis designates this live activity for a maximum of **7 ANCC contact hour**.



**Interprofessional Continuing Education (IPCE)**

This activity was planned by and for the healthcare team, and learners will receive **7 Interprofessional Continuing Education (IPCE) credit** for learning and change.

**Disclosure Statement:**

It is the policy of Washington University School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity, and scientific rigor in all its educational activities. All planners, faculty, and other persons who may influence content of this CE activity have disclosed all relevant financial relationships with ineligible companies (previously referred to as commercial entities), defined as any entities producing, marketing, re-selling, or distributing healthcare goods or services consumed by, or used on, patients. All relevant disclosures have been reported and mitigated and are indicated with their presentations.

Washington University School of Medicine, Continuing Medical Education, is the provider for CE credits. All members of the CME department have nothing to disclose.



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## HHT FAMILY DAY

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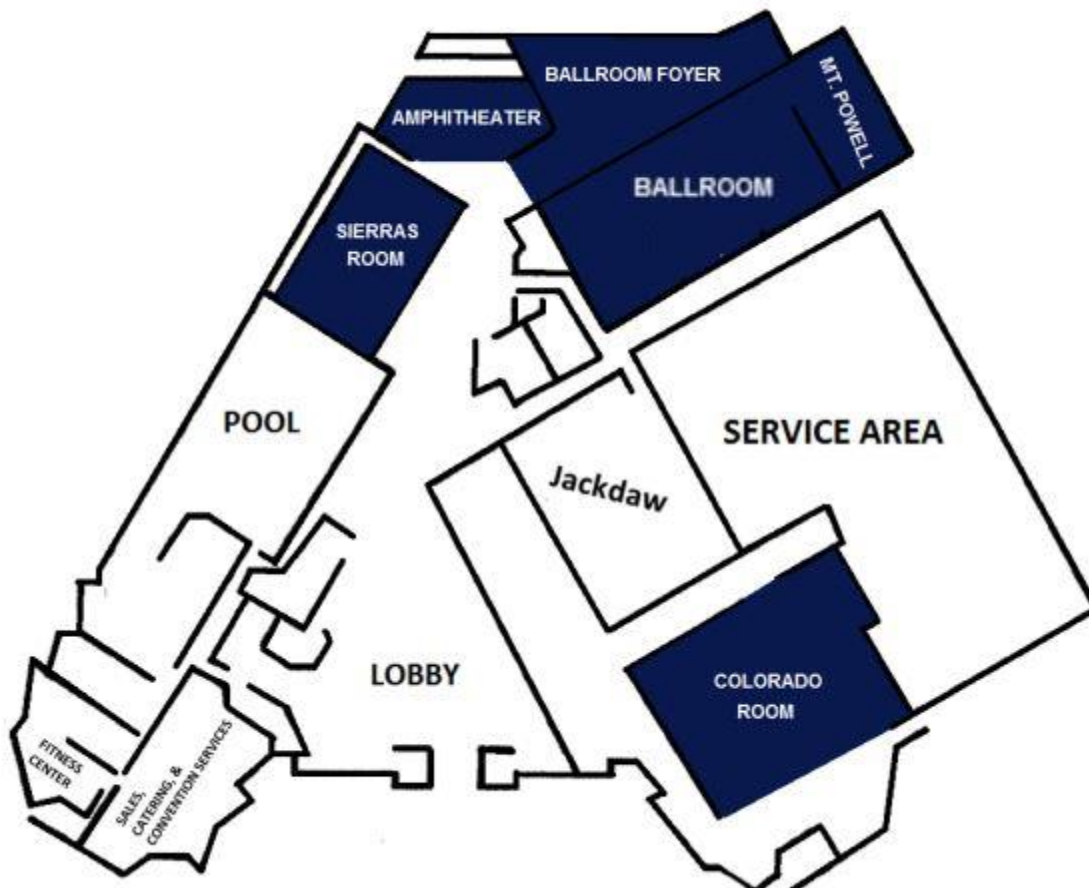
### Saturday, March 29<sup>th</sup>, 2025 – Patient Education Day

7:30am – 8:30am	Registration and Breakfast	<i>Ballroom Foyer</i>
8:30am – 8:45am	Welcome from Cure HHT	<b>Marianne Clancy, MPA</b> <i>Ballroom</i>
8:45am – 9:45am	<b>HHT Overview &amp; Screening Guidelines</b>  A review of key terms and definitions followed by an overview of manifestations, with a highlight on pulmonary hypertension (PH), pregnancy, liver, and cardiac.	<b>Dr. Murali Chakinala</b> <i>Ballroom</i>
9:45am – 10:30pm	<b>Managing Nosebleeds in HHT</b>  Learn the medical terminology used by ENTs and the benefits of using the Epistaxis Severity Score (ESS) to evaluate nosebleeds and the effectiveness of treatments. Discover traditional interventions as well as cutting-edge surgeries and drug treatment options now available.	<b>Dr. Peter Hountras</b> <i>Ballroom</i>

<b>10:30am – 10:45am</b>	Break	<i>Ballroom Foyer</i>
<b>10:45am – 11:30am</b>	<p><b>HHT in Kids</b></p> <p>Gain insight about the different screening and treatment protocols for children, how to manage lung and brain AVMs and other special considerations regarding children such as anesthesia, radiation and exercise.</p>	<p><b>Dr. Andy White</b></p> <p><i>Ballroom</i></p>
<b>11:30am – 12:30pm</b>	<p><b>Lung &amp; Brain AVMs</b></p> <p>What is an AVM and how does it affect your body? Arteriovenous malformations (AVMs) are one of the most important manifestations of HHT. This session discusses the screening guidelines, symptoms, and therapeutic approaches to AVMs in the lungs and brain.</p>	<p><b>Dr. Jon Lindquist &amp; Dr. Josh Seinfeld</b></p> <p><i>Ballroom</i></p>
<b>12:30pm – 1:15pm</b>	Lunch	<i>Colorado Room</i>
<b>1:15pm – 1:30pm</b>	Group Photo	<i>Hotel Lobby</i>
<b>1:30pm – 2:30pm</b>	<p><b>Anemia and Iron Deficiency</b></p> <p>Anemia is commonly experienced by those affected by HHT and frequently results from bleeding of the nose and/or gastrointestinal tract. This session discusses the most effective ways to manage anemia in HHT patients.</p>	<p><b>Dr. Sally Stabler</b></p> <p><i>Ballroom</i></p>
<b>2:30pm – 3:30pm</b>	<p><b>Engaging the HHT Community: Patient Support, Empowerment, &amp; Advocacy</b></p> <p>Learn more about the various ways to get involved with the HHT community including advocacy, education, research, clinical trials, and volunteering.</p>	<p><b>Marianne Clancy, MPA Cassi Friday, PhD Melissa Dickey, NP Riley Blevins, MBA</b></p> <p><i>Ballroom</i></p>

<b>3:30pm – 3:45pm</b>	Break	<i>Ballroom Foyer</i>
<b>3:45pm – 4:30pm</b>	<p><b>Updates in Research &amp; Therapeutics</b></p> <p>HHT research has accelerated to never-before-seen levels. Learn how this important work is translating into therapies that extend life and reverse disease. Learn about current clinical trials and new treatment options.</p>	<p><b>Dr. Peter Hountras &amp; Cassi Friday, PhD</b></p> <p><i>Ballroom</i></p>
<b>4:30pm – 4:45pm</b>	Closing Remarks	<p><b>Marianne Clancy, MPA</b></p> <p><i>Ballroom</i></p>

*Although the information contained in the HHT Academy sessions have been developed by specialists knowledgeable in the management of care and treatment of HHT patients, Cure HHT makes no guarantee as to, and assumes no responsibility for, the correctness or completeness of such information. You must consult with your personal physician or contact an HHT Center of Excellence for any HHT-related medical concerns.*



*\*HHT research activities (Biobank collections and study interviews) will take place in the Mt. Powell Room.*



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## HHT FAMILY DAY

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### Saturday, March 29<sup>th</sup>, 2025 – HHT Kids Day

7:30am – 8:30am	Registration	<i>Ballroom Foyer</i>
8:30am – 9:00am	<b>Introductions / Icebreakers</b>	<i>Sierras Room</i>
9:00am – 10:00am	<b>The ABC's of HHT</b>	<b>Dr. Andy White</b> <i>Sierras Room</i>
10:00am – 10:30am	Break	<i>Sierras Room</i>
10:30am – 11:30am	<b>Interactive Learning: Education Stations</b>	<b>Lynne Sekarski, RN</b> <b>Melissa Dickey, NP</b> <b>David Mealing</b> <i>Sierras Room</i>
11:30am – 12:30pm	<b>Let's Talk About HHT</b> Sharing Your HHT Story Managing Nosebleeds Eating Healthy with HHT	<b>Lynne Sekarski, RN</b> <b>Melissa Dickey, NP</b> <i>Sierras Room</i>
12:30pm – 1:15pm	Lunch	<i>Jackdaw Restaurant</i>

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<b>1:15pm – 1:30pm</b>	Group Photo	<i>Hotel Lobby</i>
<b>1:30pm – 4:45pm</b>	<b>Field Trip to the Denver Museum of Nature &amp; Science</b>	<i>2001 Colorado Blvd, Denver, CO 80205</i>

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